



Fresno County Senior Guide

Serving California's Central Valley



1-800-541-8614 (559) 224-9154

E-mail: info@valleycrc.org Web Site: www.valleycrc.org

Adult Day Care

- OASIS Adult Day Center.....(559) 221-0396
3821 N. Clark Street, Suite 102, Fresno, CA 93726
- PALS Adult Day Center.....(559) 221-0396
3845 N. Clark Street, Suite 107, Fresno, CA 93726

Adult Day Health Care

- Adult Day Health Care of Fresno & Clovis.....(559) 227-8600
5757 N. First St. Fresno, CA 93710
- Heritage Adult Day Health Care Center.....(559) 222-0304
5377 N. Fresno Street, Fresno, CA 93710
- Heritage West Adult Day Health Care Center, LLC.....(559) 261-1115
3677 W. Beechwood Avenue, Fresno, CA 93711
- Fresno PACE (559) 400-6420 or 1(855) 630-7223
2042 Kern Street Fresno, CA 93721
- Valley Adult Day Health Care Center, Inc.....(559) 454-0386
1052 C Street, Fresno, CA 93726

Advocacy

- AARP.....(800) 523-5800
- HICAP (Health Insurance Counseling & Advocacy Program)(800) 434-0222 or (559) 224-9117
- LTC Ombudsman Program.....(559) 224-9177

Alzheimer's Long-Term Care Facilities

Carmel Village.....	(559) 322-8500
Cedarbrook Memory Care Community.....	(559) 412-2299
Cotton Wood Court.....	(559) 446-1266
Elim Place (Sanger).....	(559) 875-7268
Golden Living Center.....	(559) 486-4433
Kingston Bay Senior Living.....	(559) 271-1600
Oakmont of Fresno.....	(559) 477-4466
Orchard Park Assisted Living.....	(559) 325-8400
Paintbrush Assisted Living and Memory Care	(559) 275-2000
Palm Village (Reedley).....	(559) 638-6933
San Joaquin Gardens.....	(559) 439-4770
Somerford Place.....	(559) 446-6226
VA Central CA Health Care System (Nursing home for Veterans).....	(559) 225-6100, ext. 5240

Alzheimer's Services

Alzheimer's Association.....	(800) 272-0200 or (559) 753-8200
Alzheimer's Foundation of Central California.....	(559) 222-2444
OASIS-Alzheimer's Day Care Center.....	(559) 221-0396
Safe Return (Alzheimer's Association)	(888) 572-8566
UCSF Alzheimer & Memory Center.....	(559) 227-4810
Valley Caregiver Resource Center.....	(800) 541-8614 or (559) 224-9154

Case Management Programs

Linkages (60+).....	(800) 510-2020 or 600-4405
MSSP (65+ & on Medi-Cal).....	(800) 510-2020 or 600-4405
Older Adult Care Solutions.....	(559) 435-1752
To Whom Honor is Due.....	(559) 696-0449

Counseling

Fresno County Older Adult Mental Health (serves 60 years and older).....	(559) 600-5755
Valley Caregiver Resource Center.....	(800) 541-8614 or 224-9154

Disability Programs & Services

Easter Seals Society of Central California.....	(559) 241-7233
Deaf & Hard of Hearing Service Center.....	(559) 225-3323
Resource for Independence-Central Valley.....	(800) 244-2274 or 221-2330
Talking Book Library.....	(559) 600-3217
Valley Center for the Blind.....	(559) 222-4447

Emergency Hotlines (24 hr)

Adult Protective Services.....	(800) 418-1426 or 600-3383
Law Enforcement	911
Marjaree Mason Center-Domestic Violence.....	(800) 640-0333 or 233-4357
National Domestic Violence Hotline.....	(800) 799-7233

Equipment and Supplies

California Telephone Access Program.....	(800) 806-1191
Clovis Senior Center.....	(559) 324-2750
M.A.R.Y. Medical.....	(559) 456-1774
Ray Fisher Pharmacy.....	(559) 437-3800
Respiratory Care Plus.....	(559) 252-0100
Shield Healthcare.....	(800) 765-8775

Financial Assistance

Social Security Administration.....	(800) 772-1213
Veterans Service Office.....	(559) 600-5436

Food Programs

Community Food Bank-Commodities.....	(559) 237-3663
Food Stamps (Aged, Blind & Disabled).....	(559) 600-2300
Fresno Metro Ministry Hunger/ Nutritional Program.....	(559) 485-1416
Fresno Rescue Mission	(559) 268-0839
Home Delivered Meals.....	(559) 600-4405 or (559) 233-3400
Multi-Agency Access Program (MAP) (Homeless).....	(559) 512-6777
Poverello House	(559) 498-6988
Senior Hot Meals.....	(559) 621-2900 or (559) 621-6619

Health Services

Dental Hygiene Clinic-Fresno City College.....	(559) 244-2601
Fresno County Behavioral Health Department.....	(559) 253-9180
Fresno County Older Adult Mental Health.....	(559) 600-5755
Fresno-Madera Dental Society	(559) 438-7284
Immunizations.....	(559)600-3550
Medical Indigent Services Program (MISP).....	(559) 600-6580
Public Health Nursing.....	(559) 600-3330

Home Improvement

Fire Prevention (Smoke detector for Fresno City residents).....	(559) 621-4181
Fresno County Community Development.....	(559) 621-8300
Fresno County EOC (weatherization).....	(559) 263-1588
GJ Gardner Homes.....	(559) 400-6899
Habitat for Humanity	(559) 237-4102
Home Improvement / Targeted Area Rehabilitation Program.....	(559) 621-8300
ESA, Love INC.....	(559) 224-9599
Senior Paint Program (Fresno City).....	(559) 621-8003
USDA/ Rural Development Housing Service.....	(559) 276-7494

Housing

Fresno County Housing Authority.....	(559) 443-8400
Housing & Urban Development (HUD).....	(415) 489-6400
Multi-Agency Access Program (MAP) (Homeless).....	(559) 512-6777
Resources for Independence-Central Valley.....	(800) 244-2274 or 221-2330
Senior Information & Assistance.....	(800) 510-2020 or (559) 600-4405

Hospice

Ardent Hospice & Palliative Care Of Fresno.....	(559) 408-5945
AseraCare Hospice	(559) 447-2540
Bright Horizons	(559) 443-0303
Hinds Hospice.....	(559) 226-5683
Golden Living Center – Fresno.....	(559) 486-4433
Optimal Hospice Care.....	(559) 320-4000
Pro Hospice	(559) 435-9991
Saint Agnes Hospice.....	(559) 450-5600
Sojourn Hospice And Palliative Care.....	(559) 840-2158

In-Home Care Services

Amdal In-Home Care.....	(559) 227-1701
Angelicare In-Home Companion Care.....	(559) 453-0151
A-Plus Home Care.....	(559) 224-9442
Around the Clock.....	(559) 320-2400
Auspice Home Care Solutions, LLC.....	(559) 436-4782
Bright Horizon Home Health	(559) 443-0707
Caring Seniors Services.....	(559) 777-6086
Comfort Keepers.....	(559) 456-8064
Dedicated Care In-Home Services.....	(559) 765-0888

Everlight Care.....	(559) 353-2847
Geriatric In-Home Care.....	(559) 892-0222
Home Instead Senior Care.....	(559) 243-1224
In-Home Supportive Services (Medi-Cal Only).....	(559) 600-6666
Interim Health Care.....	(559) 224-0560
Maxim HealthCare Services.....	(559) 224-9078
ResCare Home Care.....	(559) 324-1470
Right At Home.....	(559) 228-8918
Select Home Care.....	(559) 326-2064
Senior Helpers.....	(559) 224-5678
Sequoia Companion Care.....	(559) 472-3627
Well-Being Senior Solutions.....	(559) 432-3737

Home Health

Avance Home Health	(559) 266-8300
Bright Horizon Home Health	(559) 443-0707
Healthcare California Home Health Agency.....	(559) 243-9990
Healthy Living at Home – Fresno, LLC.	(559) 369-6473
Healthpoint Home Health	(559) 412-7953
San Lorenzo Home Health.....	(559) 230-0516
Remedy Home Care.....	(559) 742-7000
Saint Agnes Home Health.....	(559) 450-2112
Sequoia Home Health.....	(559) 765-4315
St. Mary’s Home Health.....	(559) 221-9919
In Home Healthcare Services.....	(800) 473-4480

Insurance Programs

HICAP (Health Insurance Counseling & Advocacy Program).....	(800) 434-0222 or (559) 224-9117
Medi-Cal.....	(559) 600-1377
Medicare.....	(800) 633-4227
Social Security Administration/SSI.....	(800) 772-1213

Legal Services

Attorney Referral & Information Service.....	(559) 264-0137
California Rural Legal Assistance.....	(559) 441-8721
Central California Legal Services.....	(800) 675-8001 or (559) 570-1200
Centro La Familia.....	(559) 237-2961
Fresno County Public Guardian’s Office (Conservatorship).....	(559) 600-1500

Respite Care

In-Home Supportive Services.....	(559) 600-6666
MSSP (65+) / Linkages (18+).....	(800) 510-2020 or 453-4405
Valley Caregiver Resource Center.....	(800) 541-8614 or 224-9154
Veterans Affairs Central California- Respite Care.....	(559) 225-6100

Senior Centers

Caruthers Senior Center (Our Savior Lutheran Church).....	(559) 864-3008
Clovis Senior Activity Center.....	(559) 324-2750
Del Rey Senior Center.....	(559) 888-2700
Edwin Blayney Senior Center.....	(559) 834-5486
Eduardo “Lalo” Espinoza Senior Citizen Center.....	(559) 626-5109
Firebaugh Senior Center.....	(559) 659-3536
Huron Senior Center.....	(559) 352-8291
Kerman Senior Center.....	(559) 846-8643
Kingsburg Senior Center.....	(559) 897-3013
Manchester Senior Center.....	(559) 248-5786
Mendota Senior Center.....	(559) 655-3330
Nick Medina Senior Center (Selma).....	(559) 891-2239
Orange Cove Senior Center.....	(559) 626-5109
Reedley Senior Center.....	(559) 637-4207
Sanger Senior Center.....	(559) 875-7606
Selma Senior Center.....	(559) 891-2239
Sierra Oaks Senior Center.....	(559) 855-3300
Welborn Senior Center (Coalinga).....	(559) 935-5001

Specialized Transportation

AAA Medical Transportation.....	(559) 432-0604
Acts of Services	(559) 412-7686
All American Medical Transportation.....	(559) 442-1813
American Cancer Society /Road to Recovery.....	(800) 227-2345 or 451-0722
Clovis Roundup (curb to curb service).....	(559) 324-2760
Comfort Med Tans (medical transport).....	(559) 227-6862
Handy Ride (curb to curb service).....	(559) 621-7433
HB Medical Transportation.....	(559) 917-1756
Senior Taxi Scrip Program.....	(559) 233-4148
Tri County Medical Transportation (Reedley).....	(800)-996-2990 or 637-1851

Transportation

AT Medical Transportation	(559) 230-7360
Clovis Stageline.....	(559) 324-2770
Coalinga Transit.....	(559) 935-1533
Fresno Area Express (FAX).....	(559) 621- 7433
Fresno County Rural Transit.....	(800) 325-7433 or (559) 233-6789

Utilities Assistance

CARE (discount energy program).....	(866) 743-2273
Energy Savings Assistance	(800) 989-9744
LIHEAP- Low Income Home Energy Assistance Program.....	(559) 263-1135
Lifeline Telephone Service (AT&T).....	(800)-288-2020
Medical Baseline Program.....	(800) 743-5000
PG&E.....	(800) 743-5000
REACH.....	(800) 933-9677

Miscellaneous

California Department of Aging.....	(916) 419-7500
Eldercare Locator.....	(800) 677-1116
HSAG (Health Services Advisory Group).....	(800) 841-1602
Medical Alert.....	(800) 432-5378
Retired & Senior Volunteer Program (RSVP).....	(559) 237-3101

Web Sites

Administration on Aging.....	www.aoa.gov
California Department of Aging.....	www.aging.ca.gov
California Department of Services and Development.....	www.csd.ca.gov/Programs
CCS (Congress of California Seniors).....	www.seniors.org
Department of Veteran's Affairs.....	www.va.gov
Disability Resources.....	www.dor.ca.gov/DisabilityAccessInfo/
Fraud and Scam Information.....	www.scannot.org
Fresno-Madera Area Agency on Aging.....	www.fmaaa.org
H.E.L.P. for Seniors.....	www.help4srs.org
Valley Caregiver Resource Center.....	www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno and Tehachapi:
Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers

Notes:

Senior Guide listings in surrounding counties are also available. For more information, please call Valley Caregiver Resource Center at (559) 224-9154. VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

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