



Tulare County Senior Guide

Serving California's Central Valley



1-800-541-8614 (559) 224-9154

E-mail: info@valleycrc.org Web Site: www.valleycrc.org

Adult Day Care

Porterville Senior Day Care Center.....(559) 783-9815
227 E Oak Avenue, Porterville, CA 93257

Advocacy

AARP.....1(800) 523-5800
HICAP (Health Insurance Counseling & Advocacy Program).....1(800) 434-0222 or 623-0199
Kings/Tulare Area Agency on Aging (KTAAA).....1(800) 321-2462 or 623-0199
LTC Ombudsman Program.....1(800) 293-9714 or 852-2828

Alzheimer's Services

Alzheimer's Association.....1(800) 272-3900 or 753-8200
Alzheimer's Foundation of Central California(559) 222-2444
Safe Return (Alzheimer's Association)1(888) 572-8566
UCSF Alzheimer's & Memory Center.....(559) 227-4810
Valley Caregiver Resource Center.....1(800) 541-8614 or 224-9154

Case Management Program

MSSP (65+).....1(800) 434-0222 or 623-0199

Counseling

Alternative Service (Porterville).....	(559) 783-2320
Alternative Service (Visalia).....	(559) 651-8090
Central California Family Crisis Center.....	(559) 784-0192
Central Valley Regional Center.....	(559) 738-2200
Family Service of Tulare County.....	(559) 741-7310
Senior Counseling.....	(559) 623-0900
Tulare County Mental Health.....	(559) 733-6880
Valley Caregiver Resource Center.....	1(800) 541-8614 or 224-9154
Victim/Witness Assistance.....	(559) 782-9617
Visalia Family Resource Center.....	(559) 625-0384

Disability Programs & Services

Center for Independent Living.....	(559) 622-9276
Deaf & Hard of Hearing Service Center.....	(559) 225-3323
Easter Seals Society of Central California.....	(559) 241-7233
Valley Center for the Blind.....	(559) 222-4447

Emergency Hotlines (24 hr)

Adult Protective Services.....	(877) 657-3092 or 623-0651
Law Enforcement	911
National Domestic Violence Hotline.....	1(800) 799-7233
Tulare County Crisis & Information Line.....	1(800) 320-1616

Equipment and Supplies

Apria Healthcare.....	(559) 732-6040
California Telephone Access Program.....	1(800) 806-1191
Care Medical (Visalia).....	(559) 635-4443
Care Medical (Tulare).....	(559) 685-8281
Shields Healthcare.....	1(800) 675-8842

Financial Assistance

Homeowners & Renters Rebate Program.....	1(800) 868-4171
Social Security Administration.....	1(800) 772-1213
Tulare County Health & Human Services.....	(559) 624-8000
Veterans Service Office.....	(559) 684-4960

Food Programs

Cal Fresh.....	1(800) 540-6880
Food Link for Tulare County.....	(559) 651-3663
Food Stamps (Aged, Blind & Disabled).....	(559) 685-2100

Senior Meal /Nutrition Program.....1(800) 321-2462 or 623-0199
Meals on Wheels.....(559) 685-2330

Hospice

Adventist Health Home Care & Hospice Services.....(559) 537-2860
Kaweah Delta Hospice(559) 733-0642
Optimal Hospice Care.....(559) 741-7220

Housing

Housing Authority of Tulare County.....(559) 627-3700
Center for Independent Living.....1(800) 224-2274 or 622-9276
Senior Information & Assistance.....1(800) 321-2462 or 623-0199

Housing Advocacy

Central California Legal Services.....(559) 675-8001 or 733-8770
Fair Housing.....1(800) 735-2929 or 627-3700 Ext. 125

In-Home Services

Amdal In-Home Care.....(559) 686-6611
Guardian Angels.....(559) 784-6655
In-Home Supportive Services.....1(800) 571-9555 or 623-0600
Just Like Homes.....(559) 781-4378
Kaweah Delta Private Home Care.....(559) 624-2854
Rollo's Angel In Home Care.....(559) 556-8640
Visiting Angels.....(559) 562-1161

Insurance Programs

HICAP (Health Insurance Counseling & Advocacy Program).....1(800) 434-222 or 623-0199
Medi-Cal.....1(800) 540-6880
Medicare.....1(800) 633-4227
Social Security Administration/SSI.....1(800) 772-1213

Legal Services

CA Rural Legal Assistance.....(661) 725-4350
Central California Legal Services.....1(800) 350-3654 or 559-733-8770
Tulare County District Attorney.....(559) 636-5494
Domestic Violence Legal Assistance.....(559) 741-7318
Legal Aid of Tulare County.....(559) 733-8770
Tulare County Family Court.....(559) 730-5000
Tulare Senior Legal Services Program.....1(800) 321-2462
Public Guardian (Conservatorship).....(559) 733-6585

Valley Caregiver Resource Center.....1(800) 541-8614 or 224-9154

Respite Care

In-Home Supportive Services.....1(800) 571-9555 or 623-0600
Love INC.....(559) 733-8870
MSSP (65+) / Linkages (18+).....1(800) 434-0222 or 623-0199
Valley Caregiver Resource Center.....1(800) 541-8614 or 224-9154
Veterans Respite Care.....(559) 225-6100 ext. 5240

Senior Centers

Dinuba Senior Center.....(559) 591-2450
Earlimart Senior Center.....(661) 849-2232
Exeter Senior Center.....(559) 592-5960
Farmersville Senior Center.....(559) 594-4300
Goshen Senior Center.....(559) 967-8786 or 684-2673
Lindsay Senior Center.....(559) 562-5859
Cutler-Orosi Senior Center.....(559) 528-6108
Porterville Community Center.....(559) 782-4725
Tulare Senior Center.....(559) 685-2330
Visalia Senior Center.....(559) 713-4381
Woodlake Senior Center.....(559) 564-3251

Suicide Hotlines

National Suicide Prevention Lifeline.....1(800) 273-8255
 En Espanol.....1(800) 628-9454
Tulare County Crisis & Information Line.....1(800) 320-1616

Specialized Transportation

Tri County Medical Transportation.....1(800) 996-2990 or 637-1851
Valley Medical Transportation.....1(888) 994-4868 or 734-8743

Transportation

Abbey Medical Transportation.....(559) 594-4716
All Family Transport (non-emergency).....(559) 836-0682
Dial-a-Ride:
 Dinuba.....(559) 595-8800
 Exeter.....(559) 592-8100
 Porterville(559) 781-8104
 Tulare.....(559) 688-5706
 Visalia.....(559) 713-4750
 Woodlake.....(559) 280-2736
Kings Area Rural Transit (KART).....(559) 582-3211 Ext. 2828

Tulare County Area Transit (TCAT).....1(800) 431-9711
 Tulare Intermodal Express.....(559) 688-5706

Utilities Assistance

CARE-Low Income Rate Assistance.....1(800) 447-6620
 Energy Assistance Program (LIHEAP).....(559) 741-4658
 Energy Management Assistance.....1(800) 736-4777
 Home Energy Upgrade Financing1(888) 621-5511
 Home Weatherization (CSET).....(559) 741-4658
 Southern California Edison.....1(800) 655-4555
 Southern California Gas Company.....1(800) 427-2200
 Universal Lifeline Telephone Services (AT&T).....1(800) 288-2020

Miscellaneous

California Department of Aging.....1(800) 321-2462
 Eldercare Locator.....1(800) 677-1116
 LUMETRA.....1(800) 841-1602
 Medical Alert.....1(800) 432-5378
 Tulare County Veterans Services.....(559) 713-2889

Web Sites

Administration on Aging.....www.aoa.gov
 California Department of Aging.....www.aging.ca.gov
 California Department of Services and Development.....www.csd.ca.gov/Programs
 Department of Veteran’s Affairs.....www.va.gov
 Disability Resources.....www.disabilityaccessinfo.ca.gov
 First Gov for Seniors.....www.seniors.org
 Fraud and Scam Information.....www.scannot.org
 H.E.L.P. for Seniors.....www.help4srs.org
 Kings Community Action Organization.....www.kcao.org
 Kings/Tulare Area Agency on Aging.....www.ktaaa.org
 Valley Caregiver Resource Center.....www.valleycrc.org

VCRC serves you in the following counties by way of offices in Fresno and Tehachapi:
 Fresno • Kern • Kings • Madera • Mariposa • Merced • Stanislaus • Tuolumne • Tulare

Important Phone Numbers

Notes:

VCRC presents this as a sample listing of various private, public, and non-profit agencies for resource purposes. Inclusion of an agency on this listing does not imply a recommendation or endorsement by VCRC. VCRC accepts no liability for the competence or quality of service provided by the agencies on this list. All information is correct at the time of printing, but is subject to change.

Revised: July 5, 2018